

Carlin Senior Center

City of Carlin

320 Chestnut Street 754-6465

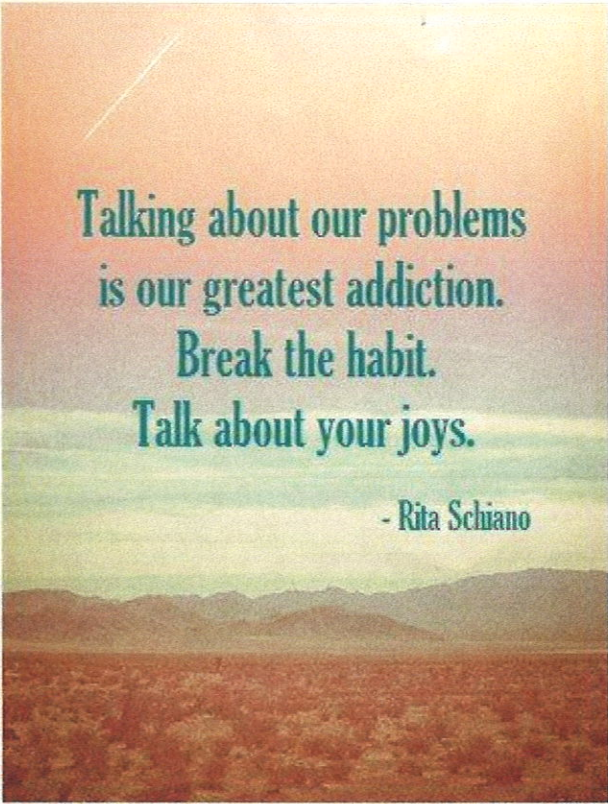
November 2017

LOVE WITH ALL YOUR HEART

Our local and global community has recently been through a lot of loss and sadness. This creates a gloom that seems to settle all around us but it also reminds me of how much I have to be grateful for.

I am grateful for my health. I am grateful for my job. I am grateful for my friends. Most of all I am grateful for my loved ones. Oftentimes, I take all of my abundance for

granted. But the dark events of late have reminded me to always be thankful for my blessings and to always tell my family I love them. Don't wait! Do it every day because you never know when it might be the last day. Don't just express your gratitude in November but every month, every day, and every minute. Start today and love with all your heart. --Ella



Talking about our problems
is our greatest addiction.
Break the habit.
Talk about your joys.

- Rita Schiano

THANK YOUR VETERANS

WE OWE THEM A LOT

On Veteran's Day we remember again our men and women who served;

We honor them now for what they did then: the liberties they preserved.

Let's never forget their sacrifice, the hard, heavy work they have done;

They did what was asked, crucial needs they fulfilled, With a telephone, pencil or gun.

We're happy and proud to honor them;

They gave so much more than they got.

Our heroes, our veterans kept freedom safe;

All of us owe them a lot.

By Joanna Fuchs

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